

ACT I

My name is Addy
and I'm here to tell
Just how I got here
from two little cells.
Its how I got made
and how I was born,
From inside to outside
one bright April morn'.

Inside it was dark,
wet warm and comfy.
Just me and my Mommy
and my new friend Umby.
"Umbilicus Chord!
Call Me Umby, for short!
I'm really quite helpful!"
He said, with a snort.

So wherever I looked,
wherever I turned,
The little guy followed
and so I had learned, that
Hooked to my belly and
stretching quite long
Was a friend there to guide me
through my journey in Mom.

"Umby! I shouted!
How do I get made?
I don't know how I got here
I'm a little afraid."
"Relax," he said laughing,
"There's nothing to fear!
I'll tell you about it,
then it will be clear..."

It was the Fourth of July,
you were all in the ocean.
There were bubbles and splashes and
blue waves in motion.
Grandma and Gompas,
the whole family was there,
Playing and laughing
with love everywhere.

ADDY GETS MADE

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Later that night
 when all were asleep
Your Mommy and Daddy
 made a promise to keep.
They kissed and they cuddled
 with oh so much love,
That then there was extra!
 that's what you're made of!"

Umby! That's great!
 I feel so much better.
Let's meet Mom and Dad
 and we'll all be together."
"Slow down there," said Umby
 with a wink and a smile.
"Its forty weeks and counting!
 You'll be here a while."

OK, tell me more.
 What happened inside?
When Mom and Dad kissed
 Do I Get Made? Who decides?
Well since you have asked,
 let's meet Mother Egg Hen
And the Nautical Baubical
 Navy Sea Men!

The Nautical Baubical
 Navy Sea Men
Go anxiously looking
 for Mother Egg Hen
But only one Seaman
 Gets close to that bird
'Cause its Adios! See Ya Later!
 If you don't know the word."

"The word?" shrugged Addy
 and Umby just grinned.
"The Password, of course
 Or she won't let him in!"
So they all kept on trying
 again and again
To cuddle up niceto
 the Mother Egg Hen.

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The Mother Egg Hen
sits patiently waiting,
With grand dreams and visions
of surely creating,
A fine boy like you
or a great little girl,
Like a proud mother oyster
with a shiny new pearl.

She's sweet and she's strong
and she's oh so demanding.
The Seamen approach her
with a clear understanding.
There's only one way
to pass through with ease
She smiles as she greets, crying
"Password Please!"

Each tiny Seaman
gets his chance at her gate.
Its best to be quick
And never be late.
In English and French
and also Chinese
They beg and they plead,
"What's the password, please?"

"Oh no, my young Seamen,
I have much to protect!
There's only one password
and it must be correct."

They fuss and they fumble
because boys will be boys,
They rumble and tumble
and make a great noise.

Now Addy looked worried
Will I ever get made?
But Umby said, "Kid,
you've got it made in the shade!"

Addy held his head
with a scratch and a rub
He said, "Umby, I've got it,
the Password is Love!"

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With a whoosh and a swish
Seaman Addy swam in.
And the Mother Egg Hen shrieked,
"Let the Love Games begin!!!"

They huddled and cuddled
and tumbled inside.
With the magic of life
they made two cells divide.

*(Two, four, six, eight,
Look at how we replicate!)*

The Love Games continued
and when it was done
The Mother Egg Hen cried out,
"We've made a son!"

—

"So you see, my young Addy
We've got work to do.
There are just forty weeks
to create the new you."

"OK, Umby!
You can count on me!
I'll stretch and I'll spin
and I'll grow, you'll see."

ACT II

"What's that sound I keep hearing
going thumpity thump?"
"That's your heart," said Umby
"and it works like a pump."

"But what is a pump,
and how does it help me?
Will it beat all the time and
keep me strong and healthy?"

I've got so many questions
about so many things
I've got fingers and toes
and my legs feel like springs.

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"It takes time," said Umby
 "But you'll soon be a wizard."
"That's easy to say!
 You don't look like a lizard!"

ACT III

"Hey, Umby! Watch Me!
 I can roll myself over!
I'm kicking and spinning
 and its only October.

My arms are so strong
 and I'm getting quite buff."
"That's right said the Umbster
 We're gonna pump you up!"

"I feel like a gymnast
 the more that I'm spun
Head over heels,
 Wee this is fun!

Shaking and moving
 this way and that
I can stand on my head
 I'm a real acrobat!"

"Umby, look here!
 Remember I showed ya?
I go upside down when
 Mom does her yoga."

"That's something called bridge pose."
 "I'm at the top of her belly,
And when she gets done
 I feel just like jelly!

This must be alright
 'cause I feel so much better."
"Its good for her too
why don't we just let her?"

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"There will be many changes
and so many choices.
Listen," said Umby,
"You can even hear voices."

"Have you noticed what happens
when I think something's wrong?
I get feeling better
when I hear Mommy's song.

First thing in the morning
after long restless nights
I hear, 'Its me Daddy!'
and everything is alright."

"I wish I could see
what makes all these sounds.
When I hear something scary
my little heart pounds."

"Don't you be scared,"
said Umby with glee.
"I've got what you need,
a way you can see.

Its called a periscope
my latest design.
Just follow the light
put your eye up to mine.

"Oh Umby, Its great!
I can see Mom and Dad.
They're watching Mom's belly
and they look really glad."

"I see sunshine and trees
and the sky big and blue.
I can see everything
from this womb with a view."

"Addy, get ready!
The grownups must see
Just how much you're growing
and if you're tangled with me.

They're gonna take pictures
 Its called Ultrasound
So wear your best smile
 and be sure not to frown!"

ACT IV

"I'm getting so big,
 sometimes I get stuck."
"That's right," said Umby
 We're plumping you up!"

"Space is quite tight.
 That's just how it is.
When I kick my feet,
 they stick in Mom's ribs."

"It's almost time now,"
 was Umby's admission.
"Just keep your head down,
 and stay in position."

"But Umby, I'll miss you!"
 Addy started to cry.
"You've been such a good buddy.
 I can't say good-bye."

"Don't be sad, my young friend.
 I'm not going away.
I'll make a button on your belly
 with which you can play."

"But what about Mommy,
 And all her protection?"
"Don't worry," said Umby.
 "There's another connection."

She's got two new friends
 that she'll introduce
They're soft and they're round
 And of really good use."

So with that, Addy smiled,
 and gave him a kiss.
"You will not be forgotten,
 but surely be missed."

ACT V

"OK ...Now, head down,"
is what Umby said.
"I must stay in position,
or there's trouble ahead!"

I can't really swing
my arms anymore.
These hands are a menace!
Moving is a chore."

"Don't worry." said Umby.
I know things are tight.
There's one way to move.
Just follow the light."

"You'll feel a big squeeze,
and a push from above.
The way to the outside
is the tunnel of love."

"Umby, it's strange...
all this pushing and squeezing.
I can hear voices,
Is that somebody sneezing?"

The light's getting brighter,
the tunnel is broader.
It feels kind of cool,
and it sounds just like water!"

"It's a water birth Addy
and Mom gave a shove.
"Just keep swimming." said Umby...
"When you get to the tub!"

"I can feel hands.
Are they helping me out?
This must be the big day,
I'm getting born, there's no doubt!"

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"Addy," sighed Umby.
 "Soon I must leave."
Baby wanted to cry,
 then someone said,
 "BREATHE!"

"What is breathe?,"
 Addy wondered,
And with a cool rush of air,
 he could see Mommy and Daddy.
There was light everywhere.

Now Umby was gone,
 but his promise was true.
He left me a button,
 And they painted it blue.

Just like Umby said,
 two new friends, Mom would bring.
And with a rumble in my tummy,
 I shouted... "Ling Ling!"

—

So that's the whole story.
 the end, I'm afraid.
And now you all know how...

...Addy Gets Made.